

LABORATORY SERVICES

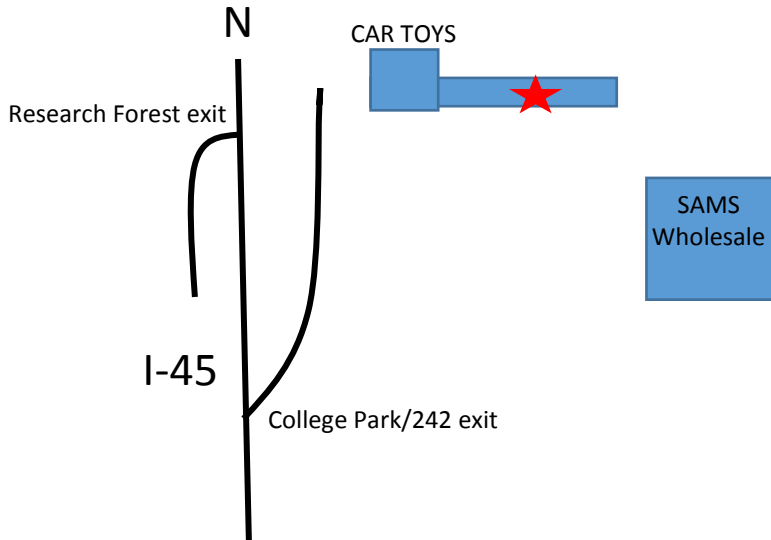
SynergenX Health Clinic Laboratory Draw is completed in the office visit. No appointment is necessary. Please bring a copy of your insurance card with you if possible or call ahead (281) 362-5580 and give your insurance information to our front desk coordinator. Listed below are some basic instructions for preparation for your lab test. If you have questions, please contact our front office at (281) 362-5580 information. Our Office hours are as follows:

- M- 7:00 am – 4:00 pm
- T- 8:00 am – 5 pm
- W- 9:00 am – 7:00 pm
- Th- 8:00 am – 5:00 pm
- Fr- 8:00 am – 5:00 pm
- Sa- 8:00 am – 12:00 pm

If you are here for **Men’s Hormone Replacement Therapy** please see below for instructions:
Must have labs completed before 10:00 am and must be fasting (nothing to eat, drink, chew etc... except can have water). You must also have **two blood draws** to show if levels are low before we start treatment.

If you are here for **Women’s Hormone Replacement Therapy** please see below for instructions:
Must be fasting (nothing to eat, drink, chew etc... except can have water).

If you are here for **Weight Loss** please see below for instructions:
Must be fasting (nothing to eat, drink, chew etc... except can have water).



SynergenX Health
19073 I-45 South Suite 145
Shenandoah, TX 77385
Phone: (281) 362-5580
Fax: (281) 719-5175



19073 I-45 South, Suite #145, Shenandoah, TX 77385
 (281) 362-5580 FAX: (281) 719-5175

WELCOME TO SYNERGENX HEALTH CLINIC!

Through our desire to provide you with the most focused and personalized healthcare experience, we would like to understand the primary reasons that have brought you to see us today. Please take a few moments to identify which of the following you are hoping to achieve through your experience at SynergenX Health Clinic.

(Please assign a numerical value from 1-7 to each goal in order of importance.)

- _____ Management of a Chronic Illness
- _____ Physical Stamina & Endurance
- _____ Increased Libido
- _____ Weight Loss
- _____ Improved Mental Clarity
- _____ Improved Quality of Life
- _____ Improved Energy

| | | | |
|---|------------------------------|---|-----------------------------|
| SynergenX Health & Wellness Clinic | | Patient Registration Form | |
| Name <i>(Last, First, M.I.):</i> | | <input type="checkbox"/> M <input type="checkbox"/> F | DOB: |
| Age: | E-Mail Address: | | |
| Address: | | | |
| City: | State: | Zip: | |
| Home Phone Number: () | | Cell Phone Number: () | |
| May we send you a text message reminder the day before your appointment? | | <input type="checkbox"/> YES | <input type="checkbox"/> NO |
| How did you hear about SynergenX Health Clinic? | | | |
| <input type="checkbox"/> Billboard <input type="checkbox"/> Coupon <input type="checkbox"/> Direct Mailing <input type="checkbox"/> Employee <input type="checkbox"/> Internet <input type="checkbox"/> M.D./Doctor <input type="checkbox"/> Other <input type="checkbox"/> Newspaper <input type="checkbox"/> Patient/Friend <input type="checkbox"/> Radio <input type="checkbox"/> Walk-In <input type="checkbox"/> Rheumatic Fever <input type="checkbox"/> Magazine | | | |
| Did someone Refer you to SynergenX Health Clinic? | | Which Doctor, if any, referred you? | |
| INSURANCE POLICY HOLDER INFORMATION (If different than above) | | | |
| Patient Name: (Last, First, MI) | | | |
| Date of Birth: | | Social Security Number (SSN): - - | |
| Employer: | Preferred Phone: () - | | |
| Insurance Name: | | | |
| Insurance ID #: | | Group / Policy #: | |
| Guarantor Name: (Last, First, MI) | | | |
| Relationship: (self / spouse / other) | | | |
| Date of Birth: (if different from above) | | Social Security Number (SSN): - - | |

Women's Hormone Replacement Therapy Consent Form

It is important to SynergenX that you understand the risks and benefits associated with Hormone Replacement Therapy (HRT) before beginning or continuing treatment. HRT is not a new area of medicine, however the treatment modalities employed by SynergenX may involve innovative therapies and there are no guarantees with respect to the treatment prescribed. You should also be aware of alternatives to HRT, including not receiving HRT treatment, leaving hormone levels as they are, and treating age-related diseases as they appear. It is important that you consider the information we provide and discuss the information carefully with your Provider. Be sure that you are doing what is right for you. If you are unsure, then you should refuse and/or discontinue treatment. Many women suffer from symptoms associated with inadequate hormone levels. These symptoms are often related to menopause or aging. Such symptoms may include inability to lose weight, vision loss due to macular degeneration, sleep difficulties, increased hot flashes, night sweats, decreased cognitive function, decreased libido, fatigue, or anxiety, and bone loss. These symptoms may be treatable utilizing hormones. The therapeutic objective of HRT is to optimize hormone levels, helping to reduce symptoms. HRT is considered by some insurance providers as a form of alternative medicine. This means that some treatment options at SynergenX may not be covered by your specific health insurance (different health insurers have different definitions in their policy documents). You will be required to separately pay for these services at the time they are rendered if your insurance does not cover them.

The hormones that may be prescribed as part of treatment may include Estrogen, Progesterone, and Testosterone, as well as other treatments for thyroid function, and Vitamins D and B12, where indicated. Recommended treatment in some instances may include "off-label" drug use of FDA-approved medications such as Testosterone. Off-label use means use of FDA-approved medications for additional indications, where determined to be appropriate by the treating physician. Currently, testosterone is only FDA-approved for use in men. If your treatment includes testosterone, your Provider must review the information on the following page with you before you commence treatment. Ask any questions that you may have, and be certain before commencing treatment. There are a number of potential side effects related to HRT. You should discuss each of these with your Provider. Side effects may include bloating, breakthrough bleeding, breast swelling and tenderness, clitoral enlargement, fluid retention, weight gain, liver cysts, mood swings, increased red blood cells, acne, hair growth, vocal changes, sleep apnea, or heightened cholesterol levels. In some patients there could be increased risks of endometrial, uterine, or breast cancer, blood clots, stroke, gallbladder disease, or high blood pressure. Certain types of HRT have a higher risk, and each woman's own risks can vary depending upon her health history and lifestyle.

It is important that you provide an accurate and complete medical history to your Provider. Please tell your Provider if you have used alcohol or illicit drugs prior to your treatment visit. You can learn more about potential side effects associated with each hormone at www.synergenxhealth.com, or www.medwatch.com. You and your Provider need to discuss the risks and benefits of treatment. You should not participate in HRT if you are, or are thinking of, becoming pregnant. You should not participate in HRT if you are at risk for becoming pregnant (premenopausal or not currently taking birth control) without specifically discussing the risks involved with your Provider. You should not participate in HRT if you have, or have been treated for, certain types of cancer.

"This is my consent for SynergenX, including any physician, health care provider or nurse who works with the SynergenX physicians, to begin treatment for Hormone Replacement Therapy.

_____ I have read and understand, that there may be complications arising from or related to treatment as described above, and explained by my treating medical provider. I have had an opportunity to discuss my complete past medical and health history including any serious problems and/or injuries, as well as my family history of diseases and conditions, with my Provider. All of my questions concerning the risks, benefits, and alternatives to treatment have been answered. I am satisfied with the answers and desire to commence treatment, knowing the risks and potential side effects involved.

_____ I understand that I will have periodic blood tests to monitor my blood levels of each hormone and I consent to such testing. I understand that the physical exam by SynergenX does NOT replace a full physical exam by my personal physician, and I agree to have my personal physician (not SynergenX) perform a full physical exam including a lipid profile, cholesterol profile, mammogram, pap smear and full metabolic panel, not less than annually.

_____ I understand that each patient is different and there are no guarantees as to results obtainable from HRT treatment. HRT is not a cure, and if I stop treatment, symptoms may return or worsen.

_____ I am not pregnant, and am not planning on becoming pregnant, and am not at risk of becoming pregnant. I do not have and have not been diagnosed with cancer.

_____ Prices for treatment have been fully explained to me and if my insurance does not cover treatment, I will be charged the current price for the therapeutic options I choose."

Consent to Have Blood Drawn For Treatment/Testing

I authorize the medical staff at SynergenX to obtain a blood sample for the purpose of determining specific laboratory test levels.

Consent to Obtain Medication History

I authorize the SynergenX Health Clinic to obtain my medication history from the e-prescribing network system. This information will be used by the providers of the SynergenX Health Clinic for the sole purpose of keeping a current and accurate listing of medications.

Patient Statement of Understanding

I have read and fully understand the above information related to insurance and participation in SynergenX Health Clinics® weight loss program. I have also had the opportunity to ask questions regarding these issues. I am aware that I will receive an appropriate receipt of payment for my personal use as I see fit to do so. I understand the specifics of these receipts and limitations as described in this document. I accept these specific policy rules.

Printed Name:

Date:

Patient Signature:

Provider

"I have reviewed each of the foregoing with the patient, including discussing the potential risks and benefits of treatment, the patient's complete past medical and health history and relevant family medical history. The patient has been provided the opportunity to ask questions concerning the risks, benefits, and alternatives to treatment, and desires to {Circle one} commence / refuse treatment."

Provider Signature:

Date:



Additional information: Low-Dose Testosterone Therapy

Patient Name: _____ MRN: _____ DOB: _____

Many patients, in conjunction with their physician's advice, choose to supplement their care with low-dose testosterone therapy. It is important to SynergenX Health Clinic that you understand the purpose, risks and benefits associated with testosterone therapy before making it a part of your treatment. Testosterone therapy is a treatment that may be used to raise a woman's sexual interest, muscle mass, or physical function. Testosterone therapy is sometimes used for women who are on estrogen therapy, have had their ovaries removed, or suffer from an adrenal system problem, or hypopituitarism. It is associated with the relief of symptoms of menopause (hot flashes, vaginal dryness, incontinence and urinary urgency), and may enhance mental clarity and focus. Testosterone therapy has been shown in some instances to increase bone density, decrease body fat and cellulite, and increase lean muscle mass. Some studies associate testosterone therapy with reduced cardiac risk, and breast-protection, particularly for patients on estrogen therapy. When a drug is approved for medical use by the Food and Drug Administration (FDA), the manufacturer produces a "label" to explain its use. Once a medication is approved by the FDA, physicians may use it "off-label" for other purposes if they are well-informed about the product, base its use on firm scientific principles and sound medical evidence, and maintain records of its use and effects. Testosterone is approved by the FDA only for use in men. This means that physician directed low-dose testosterone therapy in women is "off-label." Because testosterone therapy is "off label" your health insurance may not provide coverage for testosterone therapy. This means that you will be required to pay for these services at the time they are rendered. For patients who have access to a Health Savings Account (HSA), you may ordinarily choose to use the HSA to pay for treatment. After reviewing your case, your Provider will fully discuss whether low-dose testosterone therapy is an option appropriate for consideration. There is no requirement that you include testosterone in your therapy at SynergenX Health Clinic. Of course, before commencing any therapy, you should be aware of the associated risks and contraindications for treatment. Because testosterone therapy in women is considered off-label, all the possible side effects and potential complications may not be known. In general, you should not take testosterone if you are or could become pregnant, if you have or have had breast or uterine cancer, or if you have high cholesterol, heart or liver disease. Side effects associated with testosterone use could include increased risk for acne, inappropriate hair growth, or deepening of the voice. If you notice any of these changes, talk to your Provider, as these side effects may be managed by lowering the dose or discontinuing treatment.

Patient's Initials

_____ I understand that this is an off label use of the hormone testosterone, therefore no one can be fully aware of all possible side effects and complications.

_____ The details of this treatment including anticipated benefits, material risks and disadvantages have been explained to me in terms I understand.

_____ My Provider has covered alternative treatments, prescriptions and therapies, their benefits, material risks and disadvantages and these have been explained to me in terms I understand.

_____ I understand that no guarantees about the results of any therapy at SynergenX have been made. My Provider has answered all of my questions and I desire to commence treatment.

Patient Signature

Date

I certify that I have explained the nature, purpose, anticipated benefits, material risks, complications, and alternatives to the proposed therapy for the patient. I have answered all questions fully, and I believe that the patient fully understands what I have explained.

Provider

Date



19073 I-45 South, Suite #145, Shenandoah TX, 77385
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| | | |
|------------------------------------|----------------|---------------|
| *****CLINICAL USE ONLY***** | | |
| Date: | MRN: | |
| Name: (Last, First) | | |
| Height: | Weight: | BMI: |
| B/P: | | Pulse: |
| Waist Circumference: | | |

PLEASE PLACE A CHECK IN THE BOXES, IN RELATION TO YOUR HISTORY AND SYMPTOMS

Chief Complaint / Reason for visit:

- Fatigue Decreased Sex Drive (low Libido) Erectile Dysfunction Decreased Muscle Mass Weight Concerns Mood Concerns

Symptoms began: _____ months / years ago.

Severity of Symptoms: Mild Mild to Moderate Moderate Severe

Any Modifying Factors: _____ Timing of Symptoms: _____

Patient Health History

Have you had Comprehensive physical exam within the last 12 months? Yes No
 Have you had an EKG in the last 12 months: Yes No
 If Yes was it normal? Yes No

Men Only:

Have you had a prostate exam in the last 12 months? Yes No
 If Yes was it normal? Yes No

Women Only:

How old were you at onset of menstruation?
 Date of last menstruation?
 How often do you get your period (days)?
 Number of pregnancies: Number of live births: Yes No
 Are you pregnant, trying for pregnancy or breastfeeding? Yes No
 Heavy Periods, irregularity, spotting, pain, or discharge?

Allergies to Medications

| Medication Name | Reaction |
|-----------------|----------|
| | |
| | |

Prescribed Medications & Over-the-Counter drugs, dietary Supplements (including vitamins, inhalers etc)

| Medication Name | Strength | Frequency |
|-----------------|----------|-----------|
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |

Androgen Deficiency Review of Systems

Check which of these symptoms are troublesome and have persisted over time

Primary Symptoms

- | | |
|---|--|
| <input type="checkbox"/> Decreased Sexual Desire (Low Libido) | <input type="checkbox"/> Unusual Sweating |
| <input type="checkbox"/> Decreased Spontaneous Erections | <input type="checkbox"/> Noticeable decreased in testicular size |
| <input type="checkbox"/> Breast Discomfort | <input type="checkbox"/> Hot Flashes |
| <input type="checkbox"/> Breast Enlargement (Gynecomastia) | <input type="checkbox"/> Loss of axillary or pubic hair |
| <input type="checkbox"/> Testes that are less than 2.5 cm in length | |

Secondary Symptoms

- | | |
|--|---|
| <input type="checkbox"/> Weight Gain | <input type="checkbox"/> Decreased Muscle Mass |
| <input type="checkbox"/> Lack of Energy | <input type="checkbox"/> Recent Deterioration of Work Performance |
| <input type="checkbox"/> Fall Asleep After Dinner | <input type="checkbox"/> Decreased Ability to Play Sports |
| <input type="checkbox"/> Sleep Disturbances | <input type="checkbox"/> Decreased Strength/Energy |
| <input type="checkbox"/> Lost Height | <input type="checkbox"/> Sad, Grumpy or Moodiness |
| <input type="checkbox"/> Decreased Enjoyment of Life | <input type="checkbox"/> Problem with Memory/Concentration |

Adrenals

Check which of these symptoms are troublesome and have persisted over time

Cortisol Excess

- | | |
|---|---|
| <input type="checkbox"/> Sleep Disturbances | <input type="checkbox"/> Decreased Sexual Desire (Low Libido) |
| <input type="checkbox"/> Heart Palpitations | <input type="checkbox"/> Hair Loss |
| <input type="checkbox"/> Bone Loss | <input type="checkbox"/> Stress |
| <input type="checkbox"/> Headaches | <input type="checkbox"/> Increased Facial Hair |
| <input type="checkbox"/> Fatigue | <input type="checkbox"/> Increased Body Hair |
| <input type="checkbox"/> Weight Gain – Waist | <input type="checkbox"/> Acne |
| <input type="checkbox"/> Cold Body Temperature | <input type="checkbox"/> Nervous |
| <input type="checkbox"/> Loss of Muscle Mass | <input type="checkbox"/> Breast Cancer |
| <input type="checkbox"/> Sugar Cravings | <input type="checkbox"/> Irritable |
| <input type="checkbox"/> Thinning Skin | <input type="checkbox"/> Anxious |
| <input type="checkbox"/> Elevated Triglycerides | <input type="checkbox"/> Memory Lapses |

Cortisol Deficiency

- Fatigue
- Sugar Craving
- Allergies
- Chemical Sensitivity
- Stress
- Cold Body Temperature
- Irritable
- Arthritis
- Heart Palpitations
- Aches/Pains

Thyroid

Check which of these symptoms are troublesome and have persisted over time

Thyroid Excess

- Heat Intolerance
- Voice has become hoarse
- Heart Palpitations
- Weight Loss
- Tremors/Shakiness
- Diarrhea
- Nervousness/Anxious/Panic Attacks
- Muscle Weakness
- Difficulty Conceiving/Infertility
- Coarse Dry Skin
- Insomnia

Thyroid Deficiency

- Cold Intolerance
- Constipation
- Fatigued/Weakness
- Unexplained Weight Gain
- Inability to Lose Weight
- Stress
- Cold Body Temperature
- Irritable
- Lack of Motivation
- Muscle Cramps
- Aches/Pains

Sexual Function

Check which of these symptoms are troublesome and have persisted over time

- Loss of morning erections
- Loss of spontaneous erections
- Trouble getting an erection
- Trouble keeping an erection
- Decreased sexual desire (low libido)
- Premature ejaculation
- Delayed ejaculation

Past Medical History **NONE**

| | | |
|---|--|--|
| <input type="checkbox"/> Prior Hormone Replacement Therapy _____ | <input type="checkbox"/> Diabetes I _____ | <input type="checkbox"/> Anemia |
| <input type="checkbox"/> Sleep Apnea: _____ | <input type="checkbox"/> Diabetes II _____ | <input type="checkbox"/> Hemochromatosis |
| <input type="checkbox"/> Snoring | <input type="checkbox"/> Hypothyroidism | <input type="checkbox"/> Bleeding disorder: _____ |
| <input type="checkbox"/> Chronic Kidney Disease | <input type="checkbox"/> Enlarged Thyroid | <input type="checkbox"/> Obesity |
| <input type="checkbox"/> Abnormal Liver function | <input type="checkbox"/> Enlarged Prostate | <input type="checkbox"/> Cottonseed Allergy |
| <input type="checkbox"/> Heart Disease: _____ | <input type="checkbox"/> Hx of prostate cancer | <input type="checkbox"/> History of Seizures |
| <input type="checkbox"/> High Blood Pressure: _____ | <input type="checkbox"/> Hypogonadism | <input type="checkbox"/> Cancer _____ |
| <input type="checkbox"/> High Cholesterol _____ | <input type="checkbox"/> Depression _____ | <input type="checkbox"/> Cardiovascular Disease |
| <input type="checkbox"/> Peripheral artery disease | <input type="checkbox"/> Anxiety | <input type="checkbox"/> Blood Clot (DVT/Pulmonary Emboli) |
| <input type="checkbox"/> Chronic Lymph node enlargement | <input type="checkbox"/> HIV | <input type="checkbox"/> Chest Pain |
| <input type="checkbox"/> Inability to father children despite unprotected sexual relations > 1 year | <input type="checkbox"/> Mumps | <input type="checkbox"/> Heart Attack |
| <input type="checkbox"/> COPD | <input type="checkbox"/> Acid Reflux | <input type="checkbox"/> Heart Failure (CHF) |
| <input type="checkbox"/> Insomnia | <input type="checkbox"/> Gout | <input type="checkbox"/> Stroke |
| | <input type="checkbox"/> Headaches (frequent) | <input type="checkbox"/> Other: _____ |
| | | <input type="checkbox"/> Other: _____ |

FOR WOMEN ONLY

| | | |
|--|-----------------------------------|--|
| <input type="checkbox"/> Endometriosis | <input type="checkbox"/> Fibroids | <input type="checkbox"/> Polycystic Ovarian Disease (PCOS) |
|--|-----------------------------------|--|

Past Surgical History **No history of genitourinary surgery**

| MEN | WOMEN |
|--|--|
| <input type="checkbox"/> Vasectomy | <input type="checkbox"/> Hysterectomy ____ Partial ____ Total |
| <input type="checkbox"/> Other urinary system surgeries: _____ | <input type="checkbox"/> Other urinary system surgeries: _____ |
| <input type="checkbox"/> Other surgeries: _____ | <input type="checkbox"/> Other surgeries: _____ |

Family History **Negative**

| | |
|--|---|
| <input type="checkbox"/> Family history of prostate cancer <input type="checkbox"/> First degree relative _____ | |
| <input type="checkbox"/> Family history of Cardiovascular Disease <input type="checkbox"/> Heart Attack <input type="checkbox"/> Stroke | |
| <input type="checkbox"/> Family history of endocrine disease <input type="checkbox"/> Diabetes <input type="checkbox"/> Hypothyroidism | <input type="checkbox"/> Delayed Puberty <input type="checkbox"/> Reproductive disorder |
| <input type="checkbox"/> Family history of Breast Cancer | |
| <input type="checkbox"/> Family history of Ovarian cancer | |
| <input type="checkbox"/> Other | |

Social History

| | |
|--|--|
| Exercise | How often are you physically active for 20 minutes or longer? <input type="checkbox"/> Never <input type="checkbox"/> 1-2 x/week <input type="checkbox"/> 3-4 x/week <input type="checkbox"/> >5 x/week |
| | Which type(s) of exercise do you do? (check all that apply) <input type="checkbox"/> Walking <input type="checkbox"/> Running <input type="checkbox"/> Weights <input type="checkbox"/> Other _____ |
| | Do you have any barriers that limit your ability to safely exercise? <input type="checkbox"/> Yes <input type="checkbox"/> No Please check all that apply: <input type="checkbox"/> Work <input type="checkbox"/> Family <input type="checkbox"/> Energy level <input type="checkbox"/> Medical Condition <input type="checkbox"/> Pain <input type="checkbox"/> Motivation <input type="checkbox"/> Other _____ |
| | |
| Caffeine | Rank your caffeine intake: <input type="checkbox"/> High <input type="checkbox"/> Medium <input type="checkbox"/> Low <input type="checkbox"/> None |
| | What do you typically drink during the day? <input type="checkbox"/> Water <input type="checkbox"/> Juice <input type="checkbox"/> Tea <input type="checkbox"/> Cola <input type="checkbox"/> Diet Cola <input type="checkbox"/> Coffee <input type="checkbox"/> Other: _____ |
| | How many cups/cans per day? _____ |
| Alcohol | Do you drink alcohol? <input type="checkbox"/> Yes <input type="checkbox"/> No |
| | If yes, what kind? <input type="checkbox"/> Beer <input type="checkbox"/> Liquor <input type="checkbox"/> Wine |
| | How many drinks per week? <input type="checkbox"/> 0 <input type="checkbox"/> 1-3 <input type="checkbox"/> 4-6 <input type="checkbox"/> >6 |
| Tobacco | Do you use tobacco? <input type="checkbox"/> Yes <input type="checkbox"/> No |
| | <input type="checkbox"/> Cigarettes – pks./day: _____ How many Years? _____ |
| Drugs | Do you currently use recreational or street drugs? <input type="checkbox"/> Yes <input type="checkbox"/> No |
| | Have you ever given yourself street drugs with a needle? <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Sex | Are you sexually active? <input type="checkbox"/> Yes <input type="checkbox"/> No |
| | If yes, are you trying for a pregnancy? <input type="checkbox"/> Yes <input type="checkbox"/> No |
| | Do you desire more children? <input type="checkbox"/> Yes <input type="checkbox"/> No |
| | If not trying for a pregnancy list contraceptive or barrier method are you using: _____ |
| Diet | Are you dieting? <input type="checkbox"/> Yes <input type="checkbox"/> No |
| | If yes, are you on a physician prescribed medical diet? <input type="checkbox"/> Yes <input type="checkbox"/> No |
| | How many meals do you eat on an average day? _____ |
| | Rank your salt intake <input type="checkbox"/> High <input type="checkbox"/> Medium <input type="checkbox"/> Low |
| | Rank your fat intake <input type="checkbox"/> High <input type="checkbox"/> Medium <input type="checkbox"/> Low |
| Marital status: <input type="checkbox"/> Single <input type="checkbox"/> Partnered <input type="checkbox"/> Married <input type="checkbox"/> Separated <input type="checkbox"/> Divorced <input type="checkbox"/> Widowed | |
| Occupation: _____ | |

*****SynergenX Clinician Use Only*****

Physical Exam: _____

Impression / Diagnosis:

- | | | |
|--|---|---|
| <input type="checkbox"/> Hypogonadism | <input type="checkbox"/> Elevated PSA | <input type="checkbox"/> Dietary Counseling and surveillance |
| <input type="checkbox"/> Fatigue | <input type="checkbox"/> Abnormal EKG | <input type="checkbox"/> Nutritional Deficiency, Unspec |
| <input type="checkbox"/> Muscle weakness | <input type="checkbox"/> Elevated B/P | <input type="checkbox"/> Vitamin Deficiency, Unspec |
| <input type="checkbox"/> Hypo-active sexual desire d/o(low libido) | <input type="checkbox"/> Obesity, Unspec | <input type="checkbox"/> Deficiency of other specified B group vit(B12) |
| <input type="checkbox"/> Mild cognitive impairment(memory) | <input type="checkbox"/> Metabolic Syndrome | <input type="checkbox"/> Deficiency of other vit (vit C/vitD) |
| <input type="checkbox"/> Obstructive Sleep Apnea | <input type="checkbox"/> Insomnia | <input type="checkbox"/> |
| <input type="checkbox"/> Menopause/perimenopause d/o | <input type="checkbox"/> Hypothyroidism | <input type="checkbox"/> Other: _____ |

Lab results: _____ EKG Results: _____

Treatment: Testosterone Injection Today: _____ B12 Injection Today: _____

Labs: TT SHBG PSA TSH E2 Prl FSH LH CBC CMP / Vit D Vit B12 DHEA-S HGH Lipid panel

Plan: KCNP KCNONTX (T WNL) NONTX2 (T&cFT WNL) KC150 (TT<150) KCNPNOSHOT (T low, but no inj)
 NPFERT3 (T low, wants fertility)



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Financial Responsibility

All professional services rendered are charged to the patient and are due at the time of service unless other arrangements have been made in advance with our business office. Necessary forms will be completed to file for insurance carrier payments.

Please select one of the following payment options:

Assignment of Benefits- Insurance

I hereby assign all medical and surgical benefits, to include major medical benefits to which I am entitled. I hereby authorize and direct my insurance carrier(s), private insurance and any other health/medical plan to issue payment check(s) directly to SynergenX Health – Woodlands, P.L.L.C. for medical services rendered to me and/or my dependents regardless of my insurance benefits, if any. I understand that I am responsible for any amount not covered by insurance.

Insurance Waiver and Payment Agreement- Self Pay

I have chosen to be self-pay for health care services provided by SynergenX Health Clinic. I have decided to be self-pay even though I may have health insurance that covers these services and waive my right to have a claim submitted to my insurance company on my behalf. I agree to pay for services in the office on the date they are performed.

Authorization to Release Information

I hereby authorize SynergenX Health - Woodlands, P.L.L.C to: (1) release any information necessary to insurance carriers regarding my illness and treatments; (2) process insurance claims generated in the course of examination or treatment; and (3) allow a photocopy of my signature to be used to process insurance claims for the period of lifetime. This order will remain in effect until revoked by me in writing.

I have requested medical services from SynergenX Health - Woodlands, P.L.L.C on behalf of myself and/or my dependents, and understand that by making this request, I become fully financially responsible for any and all charges incurred in the course of the treatment authorized.

I further understand that fees are due and payable on the date that services are rendered and agree to pay all such charges incurred in full immediately upon presentation of the appropriate statement. A photocopy of this assignment is to be considered as valid as the original.

Patient/Responsible Party Signature

Date

SynergenX Health & Wellness Clinic HIPPA Notice of Privacy Practices

This notice describes how medical information about you may be used and disclosed and how you can get access to this information. Please review it carefully.

This Notice of Privacy Practices describes how we may use and disclose your protected health information to carry out treatment, payment, and healthcare operations, and for other purposes that are permitted or required by law. It also describes your rights to access and control your protected health information. Protected Health Information, or PHI, is information about you, including demographic information, that may identify you and that relates to your past, present, or future physical or mental health or condition and related healthcare services.

Uses and Disclosures of Protected Health Information

Your protected health information may be used and disclosed by your physician, our office staff, and others outside of our office that are involved in your care and treatment for the purpose of providing health care services to you, to pay your health care bills, to support the operations of the physicians practice, and any other use required by law.

Treatment

We will only use and disclose your protected health information to provide, coordinate, or manage your health care and related services. This includes the coordination or management of your health care with a third party. For example, we would disclose your protected health information, as necessary, to a home health agency that provides you care to you, or provide it to a physician whom you have been referred to ensure that the physician has the necessary information to diagnose or treat you.

Payment

Your protected health information will be used as needed to obtain payment for your health care services.

Healthcare Operations

We may use or disclose, as needed, your protected health information in order to support the business activities of your physician's practice. These activities include but are not limited to quality assessment, employee review, training of medical students, and licensing. For example, we may call you by name in the waiting room when your physician is ready to see you. We may use or disclose your protected health information, as necessary, to contact you to remind you of your appointments.

We may use or disclose your protected health information in the following situations without your authorization: as required by law, public health issues, communicable diseases, health oversight, abuse or neglect, food and drug administration requirements, legal proceedings, law enforcement, coroners, funeral directors, organ donation, research, criminal activity, military activity, and national security. Under the law, we must also make disclosures to you, and when required by the Department of Health and Human Services to investigate or determine our compliance with the requirements of Section 164.500.

Other Permitted & Required Uses and Disclosures

Disclosures will be made only with your authorization or opportunity to object unless required by law. You may revoke this authorization at any time, in writing, except to the extent that your physician or the physician's practice has taken an action in reliance on the use or disclosure indicated in the authorization.

Your Individual Rights:

1. **You have the right to inspect and receive a copy of your protected health information.** Our practice will accept such requests in writing. Under federal law, however, you may not inspect or receive a copy of the following records; psychotherapy notes; information compiled in reasonable anticipation of, or use in, a civil, criminal, or administrative action or proceeding; and protected health information that is subject to law that prohibits access to protected health information.

2. **You have the right to request a restriction on the disclosure of your protected health information.** This means you may ask us not to use or disclose any part of your protected health information for the purposes of treatment, payment or healthcare operations. You may also request that any part of your protected health information not be disclosed to family members or friends whom may be involved in your care or for notification purposes as described in this Notice of Privacy Practices. Your request must state the specific restriction requested and to whom you want the restriction to apply. Your physician is not required to agree to a restriction that you may request. If a physician believes it is in your best interest to permit use and disclosure of our protected health information, your health information will not be restricted. You then have the right to use another healthcare professional.

3. **You have the right to request to receive confidential communications from us by an alternative means or at an alternative location.**

4. **You have the right to obtain a paper copy of this notice from us.**

5. **You have the right to receive an accounting of certain disclosure we have made, if any, of your protected health information.** We reserve the right to change the terms of this notice and will post any changes in our waiting areas. You then have the right to object as provided in this notice.

Complaints

You may file any complaints with our Privacy Officer, Sheila Jumper, at (281) 970-5900, or with the Secretary of Health and Human Services if you believe your privacy rights have been violated by us. We will not retaliate against you for filing a complaint.

SynergenX Health & Wellness Receipt of Notice of Privacy Practices

MRN:

SynergenX Health Clinics® reserves the right to modify the privacy practices outlined in this notice.

By signing below, I am indicating that I have received a copy of the Notice of Privacy practices for SynergenX HealthClinics®.

Printed Name:

Patient Signature:

Date:

AUTHORIZATION TO DISCLOSE PROTECTED HEALTH INFORMATION

Please read this entire form before signing and complete all the sections that apply to your decisions relating to the disclosure

of protected health information. Covered entities as that term is defined by HIPAA and Texas Health & Safety Code § 181.001 must obtain a signed authorization from the individual or the individual's legally authorized representative to electronically disclose that individual's protected health information. Authorization is not required for disclosures related to treatment, payment, health care operations, performing certain insurance functions, or as may be otherwise authorized by law. **Covered entities may use this form or any other form that complies with HIPAA, the Texas Medical Privacy Act, and other applicable laws.** Individuals cannot be denied treatment based on a failure to sign this authorization form, and a refusal to sign this form will not affect the payment, enrollment, or eligibility for benefits.

NAME OF PATIENT OR INDIVIDUAL

 Last First Middle

OTHER NAME(S) USED _____

DATE OF BIRTH Month _____ Day _____ Year _____

ADDRESS _____

CITY _____ **STATE** _____ **ZIP** _____

PHONE (_____) _____ **ALT. PHONE** (_____) _____

EMAIL ADDRESS (Optional): _____

I AUTHORIZE THE FOLLOWING TO DISCLOSE THE INDIVIDUAL'S PROTECTED HEALTH INFORMATION:

Person/Organization Name: SynergenX Health Clinic
 Address 19073 I-45 South, Suite #145
 City: Shenandoah State: Texas Zip Code: 77385

Phone: (281) 362-5580 Fax: (281) 719-5175

WHO CAN RECEIVE AND USE THE HEALTH INFORMATION?

Person/Organization Name _____
 Address _____
 City _____ State _____ Zip Code _____
 Phone (_____) _____ Fax (_____) _____

REASON FOR DISCLOSURE

(Choose only one option below)

- Treatment/Continuing Medical Care
- Personal Use
- Billing or Claims
- Insurance
- Legal Purposes
- Disability Determination
- School
- Employment
- Other _____

WHAT INFORMATION CAN BE DISCLOSED? Complete the following by indicating those items that you want disclosed. The signature of a minor patient is required for the release of some of these items. If all health information is to be released, then check only the first box.

- | | | | |
|---|--|---|---|
| <input type="checkbox"/> All health information | <input type="checkbox"/> History/Physical Exam | <input type="checkbox"/> Past/Present Medications | <input type="checkbox"/> Lab Results |
| <input type="checkbox"/> Physician's Orders | <input type="checkbox"/> Patient Allergies | <input type="checkbox"/> Operation Reports | <input type="checkbox"/> Consultation Reports |
| <input type="checkbox"/> Progress Notes | <input type="checkbox"/> Discharge Summary | <input type="checkbox"/> Diagnostic Test Reports | <input type="checkbox"/> EKG/Cardiology Reports |
| <input type="checkbox"/> Pathology Reports | <input type="checkbox"/> Billing Information | <input type="checkbox"/> Radiology Reports & Images | <input type="checkbox"/> Other _____ |

Your initials are required to release the following information:

_____ Mental Health Records (excluding psychotherapy notes) _____ Genetic Information (including Genetic Test Results)
 _____ Drug, Alcohol, or Substance Abuse Records _____ HIV/AIDS Test Results/Treatment

EFFECTIVE TIME PERIOD. This authorization is valid until the earlier of the occurrence of the death of the individual; the individual reaching the age of majority; or permission is withdrawn; or the following specific date (optional): Month _____ Day _____ Year _____

RIGHT TO REVOKE: I understand that I can withdraw my permission at any time by giving written notice stating my intent to revoke this authorization to the person or organization named under "WHO CAN RECEIVE AND USE THE HEALTH INFORMATION." I understand that prior actions taken in reliance on this authorization by entities that had permission to access my health information will not be affected.

SIGNATURE AUTHORIZATION: I have read this form and agree to the uses and disclosures of the information as described. I understand that refusing to sign this form does not stop disclosure of health information that has occurred prior to revocation or that is otherwise permitted by law without my specific authorization or permission, including disclosures to covered entities as provided by Texas Health & Safety Code § 181.154(c) and/or 45 C.F.R. § 164.502(a)(1). I understand that information disclosed pursuant to this authorization may be subject to re-disclosure by the recipient and may no longer be protected by federal or state privacy laws.

SIGNATURE X _____

Signature of Individual or Individual's Legally Authorized Representative

DATE

Printed Name of Legally Authorized Representative (if applicable): _____

If representative, specify relationship to the individual: Parent of minor Guardian Other _____

A minor individual's signature is required for the release of certain types of information, including for example, the release of information related to certain types of reproductive care, sexually transmitted diseases, and drug, alcohol or substance abuse, and mental health treatment (See, e.g., Tex. Fam. Code § 32.003).

SIGNATURE X _____

Signature of Minor Individual

DATE

Important Information about the Authorization to Disclose Protected Health Information

The Attorney General of Texas has adopted a standard Authorization to Disclose Protected Health Information in accordance with Texas Health & Safety Code § 181.154(d). This form is intended for use in complying with the requirements of the Health Insurance Portability and Accountability Act and Privacy Standards (HIPAA) and the Texas Medical Privacy Act (Texas Health & Safety Code, Chapter 181). **Covered Entities may use this form or any other form that complies with HIPAA, the Texas Medical Privacy Act, and other applicable laws.**

Covered entities, as that term is defined by HIPAA and Texas Health & Safety Code § 181.001, must obtain a signed authorization from the individual or the individual's legally authorized representative to electronically disclose that individual's protected health information. Authorization is not required for disclosures related to treatment, payment, health care operations, performing certain insurance functions, or as may be otherwise authorized by law. (Tex. Health & Safety Code §§ 181.154(b),(c), § 241.153; 45 C.F.R. §§ 164.502(a)(1); 164.506, and 164.508).

The authorization provided by use of the form means that the organization, entity or person authorized can disclose, communicate, or send the named individual's protected health information to the organization, entity or person identified on the form, including through the use of any electronic means.

Definitions - In the form, the terms "treatment," "healthcare operations," "psychotherapy notes," and "protected health information" are as defined in HIPAA (45 CFR 164.501). "Legally authorized representative" as used in the form includes any person authorized to act on behalf of another individual. (Tex. Occ. Code § 151.002(6); Tex. Health & Safety Code §§ 166.164, 241.151; and Tex. Probate Code § 3(aa)).

Health Information to be Released - If "All Health Information" is selected for release, health information includes, but is not limited to, all records and other information regarding health history, treatment, hospitalization, tests, and outpatient care, and also educational records that may contain health information. As indicated on the form, specific authorization is required for the release of information about certain sensitive conditions, including:

- Mental health records (excluding "psychotherapy notes" as defined in HIPAA at 45 CFR 164.501).
 - Drug, alcohol, or substance abuse records.
 - Records or tests relating to HIV/AIDS.
 - Genetic (inherited) diseases or tests (except as may be prohibited by 45 C.F.R. § 164.502).
-

Note on Release of Health Records - This form is not required for the permissible disclosure of an individual's protected health information to the individual or the individual's legally authorized representative. (45 C.F.R. §§ 164.502(a)(1)(i), 164.524; Tex. Health & Safety Code § 181.102). If requesting a copy of the individual's health records with this form, state and federal law allows such access, unless such access is determined by the physician or mental health provider to be harmful to the individual's physical, mental or emotional health. (Tex. Health & Safety Code §§ 181.102, 611.0045(b); Tex. Occ. Code § 159.006(a); 45 C.F.R. § 164.502(a)(1)). If a healthcare provider is specified in the "Who Can Receive and Use The Health Information" section of this form, then permission to receive protected health information also includes physicians, other health care providers (such as nurses and medical staff) who are involved in the individual's medical care at that entity's facility or that person's office, and health care providers who are covering or on call for the specified person or organization, and staff members or agents (such as business associates or qualified services organizations) who carry out activities and purposes permitted by law for that specified covered entity or person. If a covered entity other than a healthcare provider is specified, then permission to receive protected health information also includes that organization's staff or agents and subcontractors who carry out activities and purposes permitted by this form for that organization. Individuals may be entitled to restrict certain disclosures of protected health information related to services paid for in full by the individual (45 C.F.R. § 164.522(a)(1)(vi)).

Authorizations for Sale or Marketing Purposes - If this authorization is being made for sale or marketing purposes and the covered entity will receive direct or indirect remuneration from a third party in connection with the use or disclosure of the individual's information for marketing, the authorization must clearly indicate to the individual that such remuneration is involved. (Tex. Health & Safety Code §181.152, .153; 45 C.F.R. § 164.508(a)(3), (4)).

Limitations of this form - This authorization form shall not be used for the disclosure of any health information as it relates to: (1) health benefits plan enrollment and/or related enrollment determinations (45 C.F.R. § 164.508(b)(4)(ii), .508(c)(2)(ii)); (2) psychotherapy notes (45 C.F.R. § 164.508(b)(3)(ii)); or for research purposes (45 C.F.R. § 164.508(b)(3)(i)).

Use of this form does not exempt any entity from compliance with applicable federal or state laws or regulations regarding access, use or disclosure of health information or other sensitive personal information (e.g., 42 CFR Part 2, restricting use of information pertaining to drug/alcohol abuse and treatment), and does not entitle an entity or its employees, agents or assigns to any limitation of liability for acts or omissions in connection with the access, use, or disclosure of health information obtained through use of the form.

Charges - Some covered entities may charge a retrieval/processing fee and for copies of medical records.

(Tex. Health & Safety Code § 241.154).

Right to Receive Copy - The individual and/or the individual's legally authorized representative has a right to receive a copy of this authorization.